# B.P.E.S. Proposed Syllabus

Proposed Scheme for Choice Based Credit System in

B.P.E.S. (Three Year Course)

## SCHEME OF TEACHING AND EXAMINATION

### Part - I

			Теа	aching & Le	arning Sche	me		Examina	ation Evauat	tion & Asse	ssement
Sr.	B.P.E. SEM I	Hours of	Instruction	oer week		Credits		Theory			
No.		Theory +			Theory +				Max.	Marks	Minimum
NO.	Title of Paper	SEM	Practical	Total	SEM	Practical	Total	Duration	Theory + MCQ	SEM	Passing Grade
1	Laguage (Marathi / Hindi/ English)	04	-	04	04	-	04	3	60 + 20	20	4
2	Foundation of Phy. Edu.	04	-	04	04	-	04	3	60 + 20	20	4
3	Anatomy	04	-	04	04	-	04	3	60 + 20	20	4
4	Fundamental of Computer in Phy. Edn.	04	-	04	04	-	04	3	60 + 20	20	4
	- O E C -										
5	1 Sociology / 2 Computer Science / 3 Valu Education	02	-	02	02*	-	02*				
6	Induction Program *				01*		01*		20		
	Total	18		18	16 + 3*		16+ 3*		340	80	

	Part - I I	Practical SI	cill	
Sr. No.	Name of Activity	Total Marks	Credit	Hours
1	Major Team Games  1) Kabaddi  2) Volly Ball	100	4	6
2	Track & Fild(Running Event)	100	4	6
3	Yoga & Wrestling	100	4	6

Formal Activity (Without App. 1) Drill, MPT 2) Marching 3) Folk Dance 4) Band (Side Drum, Big Drum, Flute Bigul)	100	4	6
Total	400	16	24

Note :- \* College Level Examination Credits

SCHEME OF TEACHING AND EXAMINATION

Part - I

			Tea	aching & Le	arning Sche	me		Examina	ation Evaua	tion & Asse	ssement
Sr.	B.P.E. SEM II	Hours of	Instruction	per week		Credits		Theory			
No.		Theory +	Practical		Theory +				Max.	Marks	Minimum
140.	Title of Paper	SEM		Total	SEM	Practical	Total	Duration	Theory + MCQ	SEM	Passing Grade
1	Physiology of Exercise	04	-	04	04	-	04	3	60 + 20	20	4
2	Kinesiology	04	-	04	04	-	04	3	60 + 20	20	4
3	Yoga	04	-	04	04	-	04	3	60 + 20	20	4
4	Sport Sociolgy	04	-	04	04	-	04	3	60 + 20	20	4
	OES										
5	1 Jurnalisum  * 2 Statistic * 3 Women Empowerment *	02	-	02	02*	-	02*				
	Total	18		18	16 + 2*		16 + 2*				

Part - I I

Practical Skill

	1 alt - 1 i	Tractical Of	(III	
Sr. No.	Name of Activity	Total Marks	Credit	Hours
1	Major Games 1) Kho Kho 2) Hand Ball	100	4	6
2	Gymnstics (App. and Ground)	100	4	6
3	Yoga (Asan Kriya Pranayam & Surya Namaskar)	100	4	6
4	Formal Activity Lathi, Lezim, Dumbles, Vands & Aerobic	100	4	6
	Total	400	16	24

### Sant Gadge Baba Amravati University Amravari

## Scheme of teaching, learning & Examinationand Evaluation leading to to the Degree B.P.E.& S. (Three Year...Six Semester Degree Programme - CBCS

Scheme for B.P.E.& S Semester III

					Te	aching &	Learning Sch	eme		Duration Of Exam.		Examination and	Evauation Sc	heme	
	Subjects	Sub. Code	Teac	hing Pe	riod per	week		Credits		Hrs.	Max. Marks			Minimum Passing	
Sr. No.	Title of Paper		L	т	Ρ	Total	Theory / Tutorial	Practical	Total		Theory + MCQ External	Practical Skill Enahancement Module (SEM) Internal	Total Marks	Marks	Grade
1	Sports Psychology	Paper 1	04		-	04	04	-	04	3	30 + 10	10	50	20	р
	Principal and History of Phy. Education	Paper 2	04		-	04	04	-	04	3	30 + 10	10	50	20	р
3	Recreation	Paper 3	04		-	04	04	-	04	3	30 + 10	10	50	20	р
4	Health Hygine and Sanitation	Paper 4	04		-	04	04	-	04	3	30 + 10	10	50	20	р
5	Environment Study*		02			02	02*		02*						
6	Major Team Game 1)FootBall 2) Basket Ball	P 1			4	4		2	2			60	60	30	р
7	Athletics(Throwing Event)	P 2			4	4		2	2			50	50	25	р
8	Boxing and Judo	P 3			4	3		1.5	1.5			60	60	30	р
9	Weight Lifting/ Malkhamb/ Adventure Sport ( Any Two)	P 4			4	3		1.5	1.5			30	30	15	р
	Total					32	18	7	23				400		

### Sant Gadge Baba Amravati University Amravari

Scheme of teaching, learning & Examination and Evaluation leading to the Degree B.P.E.& S. (Three Year...Six Semester Degree Programme - CBCS

## Scheme for B.P.E.& S Semester IV

					Te	aching & I	Learning Sch	eme		Duration Of Exam.		Examination and	Evauation Sc	heme	
	Subjects	Sub. Code	Teacl	hing Pe	riod per	week		Credits		Hrs.	Max. Marks Mi		Minimum I	Minimum Passing	
Sr. No.	Title of Paper		L	т	Ρ	Total	Theory / Tutorial	Practical	Total		Theory + MCQ External	Practical Skill Enahancement Module (SEM) Internal	Total Marks	Marks	Grade
1	Basic of Sports Training	Paper 1	04		-	04	04	-	04	3	30 + 10	10	50	20	р
2	Method of Phy. Education	Paper 2	04		-	04	04	-	04	3	30 + 10	10	50	20	р
3	Olympic Movement	Paper 3	04		-	04	04	-	04	3	30 + 10	10	50	20	р
4	Adopted Phy. Education	Paper 4	04		-	04	04	-	04	3	30 + 10	10	50	20	р
5	Environment Study*		02			02	02*		02*						
6	Major Games 1) Cricket 2) Table Tennis	P 1			4	4		2	2			60	60	30	р
7	Officiating of Games any two	P 2			4	4		2	2			50	50	25	р
8	Fencing, Karate, Taikando (any two)	P 3			4	3		1.5	1.5			60	60	30	р
9	Fitness Management Remidial Massage and First Aid	Ρ4			4	3		1.5	1.5			30	30	15	р
	Total					32	18	7	23				400		

## SCHEME OF TEACHING AND EXAMINATION

#### Part - I

			Tea	aching & Le	arning Sche	me		Examin	ation Evaua	tion & Asse	ssement	
Sr.	B.P.E. SEM V	Hours of	Instruction	oer week		Credits			Theory			
No.		Theory +			Theory +				Max.	Minimum		
110.	Title of Paper	SEM	Practical	Total	SEM	Practical	Total	Duration	Theory + MCQ	SEM	Passing Grade	
	Professional Preparation in Phy. Edn. and Sports.	04	-	04	04	-	04	3	60 + 20	20	4	
2	Test and Measurement in Phy. Edu.	04	-	04	04	-	04	3	60 + 20	20	4	
- X	Research method in Health Phy. Edu. & Recreation	04	-	04	04	-	04	3	60 + 20	20	4	
4	Wellness and Fitness	04	-	04	04	-	04	3	60 + 20	20	4	
	OEC											
	1 Personality Development* 2 Nutrition* 3 Interview Technique* OR MOOC	02	-	02	02*	-	02*					
	Total	18		18	16 + 2*		16 + 2*					

	Part - I I	Practical Sk	cill	
Sr. No.	Name of Activity	Total Marks	Credit	Hours
1	Major Games 1) Badminton 2) Teni Koit	100	4	6
2	Athletic (Jumping Events)	100	4	6
3	Test, JCR, Harward Step Test.	100	4	6
<u> </u>	Part III	Practice Te	aching Evan	n

Part - IIIPractice Teaching Exam

1	Practice Teaching Lesson (General Lesson	100	4	6
	Total	400	16	24

Note :- \* College Level Examination Credits

SCHEME OF TEACHING AND EXAMINATION

Part - I

			Te	aching & Le	arning Sche	eme		Examination Evauation & Assessement			
Sr.	B.P.E. SEM VI	Hours of	Instruction	per week		Credits			The	eory	
No.		Theory +			Theory +				Max.	Marks	Minimum
110.	Title of Paper	SEM	Practical	Total	SEM	Practical	Total	Duration	Theory + MCQ	SEM	Passing Grade
1	DSE-I Officiating and Coacing	04	-	04	04	-	04	3	60 + 20	20	4
2	<b>DSE-II</b> Organization, Administration Supervision and Current Trends in Edn. & Phy Edn.	04	-	04	04	-	04	3	60 + 20	20	4
3	DSE-III Educational Technology	04	-	04	04	-	04	3	60 + 20	20	4
4	DSE-IV Sports For All	04	-	04	04	-	04	3	60 + 20	20	4
5	Internship						01*				
	Total	16		16	16		16 + 1*				

	Part - I I	Practical Sk	cill	
Sr. No.	Name of Activity	Total Marks	Credit	Hours
1	Major Games 1) Hockey 2) Throw Ball	100	4	6
2	Officaling and Major Game any two	100	4	6
3	Athletic Project Book and Sessional Project Book	100	4	6
	Part - III	Practice Te	aching Exa	am
1	Practice Teachig Lesson (Specific Lesson)	100	4	6
	Total	400	16	24

Note :- \* College Level Examination Credits